

**COURSE CURRICULUM FOR FIRST  
PROFESSIONALBSRMS  
(PRESCRIBEDBYNCISM)**

**Subject/Course:**  
*man-rgyudsdonggrems*  
**(ConceptMapping-III)**

**(Applicable from 2022-23 batch onwards for 5 years or  
untilfurthernotificationby NCISM,whichever isearlier)**



**BOARD OF FUNANI, SIDDHA AND SOWA-RIGPA  
NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE**

**NEW DELHI-110026**



# **SOWA-RIGPA COURSE CURRICULUM & SYLLABUS**

**Session: Second Professional B.S.R.M.S.**

***man-rgyudsdonggrems***

**(Concept Mapping-III)**

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## Preface

*sdong 'grems* (Concept Mapping) is one of the unique features of learning and understanding the concept of Sowa-Rigpa system of Medicine. Literally, *sdong* refers to tree and *'grems* means to elaborate in Tibetan Language. Therefore, *sdong 'grems* systematically illustrates the detailed structures such as chapters, topics and sub-topics etc. of the most authoritative textbook of Sowa-Rigpa (*rGyud-bzhior* Four Tantra) with roots, trunks, branches, leaves, flowers and fruits of a wish-fulfilling tree. This demonstrative method of teaching and learning was intended to help the students to map the principles of Sowa-Rigpa and key contents of the fundamental text easily in their minds. The great Junior physician of His Holiness the XIII<sup>th</sup> Dalai Lama, Ven. Khenrab Norbu (1883-1962) first incorporated the *sdong 'grems* in the Sowa-Rigpa Curriculum when he was appointed as a head of the both Chakpori medical college and newly established Lhasa Men-Tsee-Khang in Tibet in 1916 and it still being followed in all college and institution dedicated to the learning and training of Sowa-Rigpa.

Concept Mapping-III elaborates the Oral Instruction tantra (*man rgyudsdonggrems*) where one root represents the entire clinical managements of Eight branches of Sowa-Rigpa in a very illustrative and practical method. It is a non-lecture of 50 hours learning and self-directed learning as well where students themselves (Teacher may guide and demonstrate the students) have to study, memorize and demonstrate the *man rgyudsdonggrems*. It is very useful to understand the whole contents of Oral Instruction Tantra like seeing the bottom of the river very clearly. It carries 100 marks and students should not face any difficulty to understand the concept of the subject.

**NATIONAL COMMISSION FOR INDIAN SYSTEM OF  
MEDICINE BOARD OF UNANI, SIDDHA & SOWA-RIGPA**

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**Session: Second Professional B.S.R.M.S.**

***man-rgyudsdonggrems*  
(Concept Mapping-III)**

**Summary**

**Teaching Hours Distribution**

Concept Mapping-III	Paper	Lecture Hours	Non-Lecture Hours	Total Hours
III	X	X	50	50
<b>Grand Total</b>				<b>50</b>

མིག་སྟོན་སློབ་ཁྲིམས་ (དཔེ་ཐོག་མིན་པའི་སློབ་ཁྲིམས།) གྱི་དུས་ལུན་བཞོལ་འགྲེམས།

མིན་སྟོན་སློབ་ཁྲིམས་	དེ་ཐོག	དཔེ་ཐོག་སློབ་ཁྲིམས་གྱི་དུས་ལུན་ཚུ་	དཔེ་ཐོག་མིན་པའི་སློབ་ཁྲིམས་གྱི་དུས་ལུན་ཚུ་	སྟོན་བཞོལ་པའི་དུས་ལུན་ཚུ་
	X	X	50	50

Examination (Mark Distribution) Concept Mapping-III					
Item	Theory Component Marks	Practical Component Marks			
		Practical	Viva	Elective	Internal Assessment
Paper I	--	-	80	--	20
Paper II	--				
<b>Sub-Total</b>	<b>---</b>	<b>100</b>			
<b>Total marks</b>		<b>100</b>			

# SOWA-RIGPA COURSE CURRICULUM & SYLLABUS

Session: Second Professional B.S.R.M.S.

**Table1:-Course Code and Name of Course**

Sl. No	Name of the subjects		
	Subject Code	Subjects	Equivalent Terms
1	NA	<i>man rgyudsdonggrems</i>	(Concept Mapping-III)

**Table2: THEORY N.A.**

**Table3: AN.A**

**Table 3. B. CONCEPT MAPPING-III  
(CONTENTS, TERM AND DISTRIBUTION OF HOURS)**

Sl. No	Chapters/Contents of Oral Instruction Tantra མན་ངག་ཡིན་ཏན་རྒྱུད་གྱི་རྫོང་འགྲེམས་གཞིན་རྒྱུད་མཁུལ་རྒྱན་ཞེས་བྱ་བ།	Distribution of Hours
1	<p style="text-align: center;"><b>Concept Mapping-III</b></p> <p><b>K</b> - Explain the overview of whole <i>man ngagrgyud</i> through Concept Mapping-III  <b>S</b> - Identify the concept of whole <i>man ngagrgyud</i> in precisely and short time period  <b>A</b> - Appreciate the concept of whole <i>man ngagrgyud</i> within a short period of time</p>	<b>(50)</b>
	<b>FIRST TERM</b>	<b>30</b>
	<p><b>One Root:</b> མན་ངག་རྒྱུད་གྱི་རྩ་བ།  <b>Root of Oral Instruction Tantra</b></p>	
	<p><b>One Trunk:</b> ལྷན་གྱི་ཡན་ལག་ལས་གྲེས་པའི་རྫོང་པོ་དང་གཅིག།  <b>Management of General medicine</b></p>	
	<p><b>Eight Branches of the Body:</b> དང་པོ་ཉེས་གསུམ་གསོ་བའི་ཡལ་ག།</p> <p style="text-align: center;">1. Treatment of <i>nyes gsum</i></p> <p>གཉིས་པ་ཁོང་ནད་གསོ་བའི་ཡལ་ག།</p> <p style="text-align: center;">2. Treatment of Internal disorders</p> <p>གསུམ་པ་ཚད་བ་གསོ་བའི་ཡལ་ག།</p> <p style="text-align: center;">3. Treatment of Pyrexia disorders</p> <p>བཞི་པ་ལྷན་རྫོང་དབང་པོ་གསོ་བའི་ཡལ་ག།</p> <p style="text-align: center;">4. Treatment of Head &amp; Sensory Organ Disorders</p> <p>ཕྱ་པ་དོན་རྫོང་གྱི་ནད་གསོ་བའི་ཡལ་ག།</p> <p style="text-align: center;">5. Treatment of Vital and Vessel organ Disorders</p> <p>དུག་པ་པོ་མའི་གསང་ནད་གསོ་བའི་ཡལ་ག།</p> <p style="text-align: center;">6. Treatment of Male &amp; Female</p>	

<p style="text-align: center;">reproductive organs disorders</p> <p>བདུན་པ་ཐོར་བུའི་ནད་གསོ་བའི་ཡལ་ག</p> <p style="text-align: center;">7. Treatment of 19 different types of Unclassified disorders</p> <p>བརྒྱན་པ་ལྷན་སྐྱེས་ཆ་གསོ་བའི་ཡལ་ག</p> <p>8. Treatment of Endogenous Wounds associated disorders</p>	
<b>70 Leaves: ལྷན་གྱི་ཡལ་ག་ལས་གྲེས་བའི་ལོ་མ་བདུན་བརྒྱ</b> <b>Seventy leaves on the branch of Management of General Medicine</b>	
<p><b>05 Leaves of <i>nyes gsum gso ba</i>:</b></p> <ol style="list-style-type: none"> <li>1. Cause and conditions, signs &amp; symptoms and treatment of 63 types of <i>rlung</i> disorders</li> <li>2. Causes and conditions, signs &amp; symptoms and treatment of 42 types of <i>mkhris pa</i> disorders</li> <li>3. Causes and conditions, signs &amp; symptoms and treatment of 33 types of <i>bad kandisorders</i></li> <li>4. Causes and two main conditions, signs &amp; symptoms and treatment of 32 types of <i>smuk po</i> disorders</li> <li>5. Request made for the Oral Instruction Tantra</li> </ol>	
<p><b>06 Leaves of Treatment of Internal disorders:</b></p> <ol style="list-style-type: none"> <li>1. Causes and conditions, nature, signs &amp; symptoms and treatment of 14 types of <i>mashu wa</i> disorders</li> <li>2. Causes and conditions, signs &amp; symptoms and treatment of 11 types of <i>stran</i></li> <li>3. Causes and conditions, signs &amp; symptoms and treatment of 5 types of <i>rkha rbab</i> disorders</li> <li>4. Causes and conditions, signs &amp; symptoms and treatment of 6 types of 'or disorders</li> <li>5. Causes and conditions, signs &amp; symptoms and treatment of 15 types of <i>dmu chu</i> disorders</li> <li>6. Causes and conditions, signs &amp; symptoms and treatment of 6 types of <i>gconcinzadbched</i> disorders</li> </ol>	
<p><b>16 Leaves of Treatment of <i>stawa</i> (Pyrexia/Infectious) disorders:</b></p> <ol style="list-style-type: none"> <li>1. Causes and conditions, signs &amp; symptoms and treatment of 26 types of <i>tsawa</i> (Pyrexia/Infectious) disorders</li> <li>2. Understanding the four conditions of deceptive states of hot and cold disorders</li> <li>3. Understanding the three borderlines while treating Hot disorders</li> <li>4. Causes and conditions, signs &amp; symptoms and treatment of 14 types of <i>ma smin tsawa</i></li> <li>5. Causes and conditions, signs &amp; symptoms and treatment of 12 types of <i>rgyad paitsawa</i></li> <li>6. Causes and conditions, signs &amp; symptoms and treatment of 6 types of <i>stong kyi tsawa</i></li> <li>7. Causes and conditions, signs &amp; symptoms and treatment of 12 types of <i>ghapkyitsawa</i></li> <li>8. Causes and conditions, signs &amp; symptoms and treatment of 5 types of <i>rnying pi tsawa</i></li> <li>9. Causes and conditions, signs &amp; symptoms and treatment of 6 types of <i>rnog kyi tsawa</i></li> <li>10. Causes and conditions, signs &amp; symptoms and</li> </ol>	

	<p>treatment of 22 types of <i>grdam kyitsawa</i></p> <p>11. Causes and conditions, signs &amp; symptoms and treatment of 8 types of <i>kharug kyi tsawa</i></p> <p>12. Cause and conditions, signs &amp; symptoms and treatment of 8 types of <i>rims kyitsawa</i></p> <p>13. Causes and conditions, signs &amp; symptoms and treatment of 6 types of <i>brum pa dkar nag</i> disorders</p> <p>14. Cause and conditions, signs &amp; symptoms and treatment of 8 types of <i>rgyu gzer</i> disorders</p> <p>15. Causes and conditions, signs &amp; symptoms and treatment of 11 types of <i>lhog pa</i> &amp; 4 types of <i>gag pa</i> disorders</p> <p>16. Causes and conditions, signs &amp; symptoms and treatment of 4 types of <i>cham pa</i> disorders</p>	
	<p><b>06 Leaves of Treatment of Head &amp; Sensory Organ Disorders:</b></p> <p>1. Causes and conditions, signs &amp; symptoms and treatment of 14 types of <i>mgo nad</i></p> <p>2. Causes and conditions, signs &amp; symptoms and treatment of 33 types of <i>fmig nad</i></p> <p>3. Causes and conditions, signs &amp; symptoms and treatment of 10 types of <i>rna nad</i></p> <p>4. Causes and conditions, signs &amp; symptoms and treatment of 5 types of <i>sna nad</i></p> <p>5. Causes and conditions, signs &amp; symptoms and treatment of 30 types of <i>kha nad</i></p> <p>6. Causes and conditions, signs &amp; symptoms and treatment of 8 types of <i>lbananad</i></p>	
	<p><b>08 Leaves of Treatment of Vital and Vessel organ Disorders:</b></p> <p>1. Causes and conditions, signs &amp; symptoms and treatment of 7 types of <i>snying nad</i></p> <p>2. Causes and conditions, signs and symptoms and treatment of 8 types of <i>glho nad</i></p> <p>3. Causes and conditions, signs &amp; symptoms and treatment of 18 types of <i>mchin nad</i></p> <p>4. Causes and conditions, signs &amp; symptoms and treatment of 5 types of <i>mcher nad</i></p> <p>5. Causes and conditions, signs and symptoms and treatment of 7 types of <i>mkhel nad</i></p> <p>6. Causes and conditions, signs &amp; symptoms and treatment of 16 types of <i>phod nad</i></p> <p>7. Causes and conditions, signs &amp; symptoms and treatment of 5 types of <i>gyudma nad</i></p> <p>8. Causes and conditions, signs &amp; symptoms and treatment of 5 types of <i>long nad</i></p>	
	<p><b>02 Leaves of Treatment of Male &amp; Female reproductive organs disorders:</b></p> <p>1. Causes and conditions, Signs &amp; symptoms and treatment of Male reproductive organ disorders</p> <p>2. Causes and conditions, Signs &amp; symptoms and treatment of Female reproductive organ disorders</p>	
	<p><b>19 Leaves of Treatment of Nineteen different types of Unclassified disorders:</b></p>	

<ol style="list-style-type: none"> <li>1. Causes and conditions, Signs &amp; symptoms and treatment 7 types of <i>skad 'gagags</i></li> <li>2. Causes and conditions, Signs &amp; symptoms and treatment of 4 types of <i>yi ga 'chus pa</i></li> <li>3. Causes and conditions, Signs &amp; symptoms and treatment of 5 types of <i>skom dad</i></li> <li>4. Causes and conditions, Signs &amp; symptoms and treatment of 5 types of <i>fskyigs bu</i></li> <li>5. Causes and conditions, Signs &amp; symptoms and treatment 5 types of <i>dbugs mi bdeba</i></li> <li>6. Causes and conditions, Signs &amp; symptoms and treatment of 11 types of <i>glang thabs</i></li> <li>7. Causes and conditions, Signs &amp; symptoms and treatment of 11 types of <i>srin nad</i></li> <li>8. Causes and conditions, Signs &amp; symptoms and treatment of 4 types of <i>skyugs nad</i></li> <li>9. Causes and conditions, Signs &amp; symptoms and treatment of 4 types of <i>'khru nad</i></li> <li>10. Causes and conditions, Signs &amp; symptoms and treatment of 5 types of <i>dri ma 'gags pa</i></li> <li>11. Causes and conditions, Signs &amp; symptoms and treatment of 2 types of <i>gcin 'gags pa</i></li> <li>12. Causes and conditions, Signs &amp; symptoms and treatment of 3 types of <i>gcin snyi ba</i></li> <li>13. Causes and conditions, Signs &amp; symptoms and treatment of 4 types of <i>tshad 'khru</i></li> <li>14. Causes and conditions, Signs &amp; symptoms and treatment of 4 types of <i>dreg nad</i></li> <li>15. Causes and conditions, Signs &amp; symptoms and treatment of 6 types of <i>grum bu</i></li> <li>16. Causes and conditions, Signs &amp; symptoms and treatment of 8 types of <i>chu ser</i></li> <li>17. Causes and conditions, Signs &amp; symptoms and treatment of 11 types of <i>rtsa dkar nad</i></li> <li>18. Causes and conditions, Signs &amp; symptoms and treatment of 11 types of <i>pags pa'i nad</i></li> <li>19. Causes and conditions, Signs &amp; symptoms and treatment of 11 types of <i>phranbu'inad</i></li> </ol>	
<p><b>08 Leaves of Treatment of Endogenous Wounds associated disorders</b></p> <ol style="list-style-type: none"> <li>1. Causes and conditions, Signs &amp; symptoms and treatment of 18 types of <i>bras nad</i></li> <li>2. Causes and conditions, Signs &amp; symptoms and treatment of 4 types of <i>gzhang 'brum</i></li> <li>3. Causes and conditions, Signs &amp; symptoms and treatment of 4 types of <i>me dbal</i></li> <li>4. Causes and conditions, Signs &amp; symptoms and treatment of 5 types of <i>sur ya</i></li> <li>5. Causes and conditions, Signs &amp; symptoms and treatment of 8 types of <i>rmen bu</i></li> <li>6. Causes and conditions, Signs &amp; symptoms and treatment of 6 types of <i>rlig rlogs</i></li> </ol>	



7.Causes and conditions, Signs & symptoms and treatment of 3 types of <i>rkang bam</i>	
8.Causes and conditions, Signs & symptoms and treatment of 3 types of <i>mtsham bar rdol ba</i>	
<b>SECOND TERM</b>	<b>10</b>
<b>One Root:</b> མན་པོ་རྒྱུད་ཀྱི་རྩ་བ། <b>Root of Oral Instruction Tantra</b>	
<b>One Trunk:</b> བྱིས་པའི་ཡན་ལག་གི་རྫོང་པོ་དང་གཉིས། <b>Management of Pediatrics disorders</b>	
<b>One Branch:</b> བྱིས་པའི་ནད་གསོ་བའི་རྫོང་པོ་ལས་གྲུས་པའི་ཡལ་ག། <b>Treatment of Pediatric disorders</b>	
<b>03 Leaves of Treatment of Pediatric disorders:</b>	
1. Sixteen procedures of the Neonatal care for healthy growth & development of a child	
2. Causes and conditions, Signs & symptoms and treatment of 24 types of Pediatrics disorders	
3. Causes and conditions, Signs & symptoms and treatment of 12 types of <i>gdon</i> disorders in Children	
<b>One Trunk:</b> མོ་ནད་ཀྱི་ཡན་ལག་གི་རྫོང་པོ་དང་གསུམ། <b>Management of Gynecological disorders</b>	
<b>One Branch:</b> མོ་ནད་ཀྱི་ཡན་ལག་གི་རྫོང་པོ་ལས་གྲུས་པའི་ཡལ་ག། <b>Management of Gynecological disorders</b>	
<b>03 Leaves of Treatment of Gynaecological disorders:</b>	
1. Causes and conditions, Signs & symptoms and Treatment of 2 types of general gynecological disorders	
2. Treatment of 32 specific types of Gynecological disorders	
3. Treatment of Common gynecological complications during pregnancy	
<b>One Trunk:</b> གདོན་ནམ་སྲིག་ཚའི་ནད་ཀྱི་ཡན་ལག་གི་རྫོང་པོ་དང་བཞི། <b>Management of <i>gdon</i> Disorders</b>	
<b>One Branch:</b> གདོན་ནམ་སྲིག་ཚའི་ནད་ཀྱི་ཡན་ལག་གི་རྫོང་པོ་ལས་གྲུས་པའི་ཡལ་ག། <b>Management of <i>gdon</i> Disorders</b>	
<b>05 Leaves of Management of <i>gdon</i> disorders:</b>	
1. Causes and conditions, Signs & symptoms and treatment of 18 general types of <i>gdon</i> disorders	
2. Causes and conditions, Signs & symptoms and Treatment of <i>smyo byed</i>	
3. Causes and conditions, Signs & symptoms and Treatment of <i>rjed byed</i>	
4. Causes and conditions, Signs & symptoms and Treatment of <i>gza' nad</i>	
5. Causes and conditions, Signs & symptoms and Treatment of <i>klu gdon</i>	
<b>THIRD TERM</b>	<b>10</b>

<b>One Root:</b> མན་ངག་རྒྱུད་ཀྱི་རྩ་བ། <b>Root of Oral Instruction Tantra</b>	
<b>One Trunk:</b> མཚོན་གྱིས་རྒྱས་པའི་ཡན་ལག་གི་རྫོང་པོ། <b>Management of Exogenous Wounds associated disorders</b>	
<b>One Branch:</b> མཚོན་རྒྱའི་རྫོང་པོ་ལས་གྲུས་པའི་ཡལ་ག། <b>Treatment of Exogenous wounds related disorders</b>	
<b>05 Leaves of Treatment of Exogenous wounds related disorders:</b> 1. Cause and conditions, Signs & symptoms and treatment of 31 general types of <i>mtshon rma</i> 2. Causes and conditions, Signs & symptoms and treatment based on 5 sub-categories of <i>mgo'i rma</i> 3. Causes and condition, Signs & symptoms and treatment of <i>ske'i rma</i> 4. Causes and conditions, Signs & symptoms and Treatment of 6 types of <i>byang khog rma</i> 5. Causes and conditions, Signs & symptoms and Treatment of <i>ofyan lag rma</i>	
<b>One Trunk:</b> ལྷག་ནད་ཀྱི་ཡན་ལག་གི་རྫོང་པོ། <b>Management of Toxicological disorders</b>	
<b>One Branch:</b> ལྷག་ནད་ཀྱི་རྫོང་པོ་ལས་གྲུས་པའི་ཡལ་ག། <b>Treatment of <i>dug nad</i></b>	
<b>03 Leaves of Treatment of <i>dug nad</i>:</b> 1. Causes and condition, Signs & symptoms and treatment of 6 types of <i>sbyar dug</i> 2. Causes and condition, Signs & symptoms and treatment of 2 types of <i>gyur dug</i> 3. Causes and condition, Signs & symptoms and treatment based on 2 categories of <i>dngos dug</i>	
<b>One Trunk:</b> རྒྱས་པ་གསོ་བའི་ཡན་ལག་གི་རྫོང་པོ། <b>Rejuvenation Therapy</b>	
<b>One Branch:</b> རྒྱས་པ་གསོ་བ་བརྒྱུད་ཀྱིས་ལེན་པའི་ཡལ་ག། <b>Rejuvenation therapy</b>	
<b>One Leave of Rejuvenation Therapy:</b> 1. Medicinal preparations and procedures for Maintenance of Health & Longevity	
<b>One Trunk:</b> རོ་ཚའི་ཡན་ལག་གི་རྫོང་པོ། <b>Aphrodisiac Therapy</b>	
<b>One Branch:</b> རོ་ཚའི་རྫོང་པོ་ལས་གྲུས་པའི་ཡལ་ག། <b>Aphrodisiac Therapy</b>	
<b>Two Leaves of Aphrodisiac Therapy:</b> 1. Medicinal preparations and procedures for Aphrodisiac therapy 2. Cause and conditions, Sign & symptoms and Treatment of 5 types of Women's Infertility	
<b>Total Hours</b>	<b>50</b>

Table 4. Assessment Summary

**A. Number of papers and Marks Distribution**

Sl.No.	Subject	Papers	Theory	Practical or Clinical Assessment					Grand Total
				Practical or clinical	Viva	Electives	IA	Total	
1	man rgyudsdonggrems (Concept Mapping-III)	--	--	-	80	-	20	100	100

**B. Scheme of Assessment (formative and Summative)**

Sl. No.	Professional Course	Duration of Professional Course		
		First Term (1-6 Months)	Second Term (7-12 Months)	Third Term (13-18 Months)
1	Second	3 PA & First TT	3 PA & Second TT	3 PA & UE

PA: Periodical Assessment; TT: Term Test; UE: University Examinations

**C. Calculation Method of Internal Assessment Marks (20 marks) for Concept Mapping III**

Term	Periodical Assessment				Term Test	Term Assessment	
	A	B	C	D	E	F	G
	1 (20)	2 (20)	3 (20)	Average (A+B+C/3) (20)	Oral test (Recitation based) and Concept Mapping (Performance based) (Converted to 20)	Sub Total (40 marks)	Term Assessment (20 marks)
First						D + E	D+E/2
Second						D + E	D+E/2
Third					Nil	D	D
<b>Final A</b>	<b>Final Internal Assessment: Average of three Term Assessment marks as shown in 'G' column</b>						

#### D. Evaluation Methods for Periodical Assessment

Sl.No.	Evaluation Method
1.	Practical
2.	Performance based
3.	Class Presentations

#### E. Question Paper Pattern

NA

#### F. Distribution of theory Exam and Question paper-Blue print

NA

#### G. PRACTICAL EXAM BLUEPRINT

Sl. No	Contents of Concept Mapping-III	Marks
<b>1</b>	<b>PRACTICAL</b>	<b>(80)</b>
	མན་ངག་རྒྱུད་ཀྱི་རྩ་བ། Root of Oral Instruction Tantra	01
	ལྔ་འཕྲུལ་བུ་རྒྱུད། Eight Trunks	08
	ཡལ་གཤམ་བཅོ་ལྔ། Fifteen Branches	15
	ལོ་མ་གོ་གཉིས། Ninety-two Leaves	46
	Performance	10
<b>2</b>	<b>Internal Assessment (IA)</b>	<b>(20)</b>
	<b>Total (Marks)</b>	<b>100</b>

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